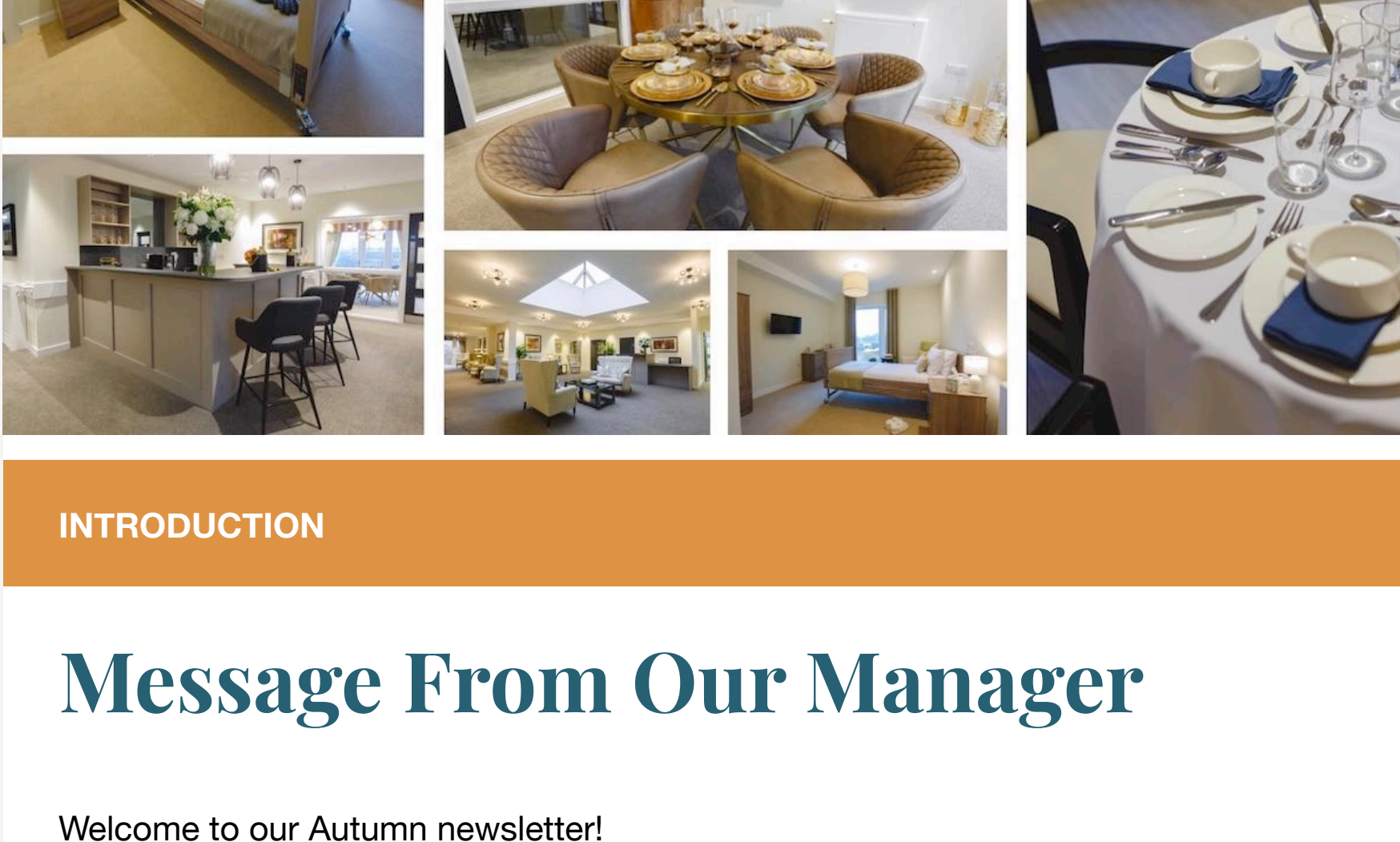




INTRODUCTION

Message From Our Manager

Welcome to our Autumn newsletter!

What a lovely few months we have had at Kingfisher House! From birthday celebrations and colourful themed days to gardening projects and our fantastic Go4Gold creation, there has been plenty happening around the home.

It has been especially nice to welcome so many visitors, including local schoolchildren, families and friends from the community. Our residents have enjoyed sharing their ideas, getting involved in preparations and showing off their creativity, whether that meant making an underwater sculpture, decorating a Mad Hatter's hat or helping prepare something delicious in the kitchen.

We have also been making the most of our garden, and with plans for a new greenhouse, there is plenty for our keen gardeners to look forward to.

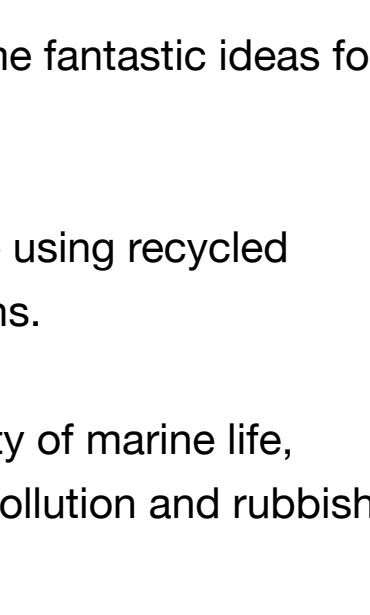
I hope you enjoy reading about our latest activities and seeing what everyone has been up to. Thank you to our residents, relatives, colleagues and community friends for being part of life at Kingfisher House.

If you know someone who would like to receive our email newsletters/updates, just let us know, or forward them the newsletter sign up link below:

[Sign Up Form](#)

Best wishes,

Gwyneth
Gwyneth Christie
Home Manager



ACTIVITIES & EVENTS

Going for Gold Under the Sea!

Our residents have been putting their creativity to good use for this year's Go4Gold Games, which bring care homes from across Perth and Kinross together for friendly competition and a range of sporting and wellbeing challenges.

This year's theme was Under the Sea, and our residents had some fantastic ideas for the creative challenge.

After plenty of discussion, we decided to create a coral sculpture using recycled materials, with an important message about protecting our oceans.

Our colourful sea creatures were designed to represent the beauty of marine life, while the coral itself was left white to highlight the damage that pollution and rubbish can cause to coral reefs.

The project soon became a real community effort. Residents were joined by staff, families, pupils from the local high school and children from nearby nurseries, with everyone contributing to the finished design.

There was plenty to do, from collecting and preparing materials to creating the sea creatures and adding all the little details that brought the sculpture to life.

Our residents loved seeing their ideas come together, and the finished piece was something to be proud of.

A huge well done to everyone involved. Not only did we create a fantastic underwater display, but we also had the opportunity to work alongside different generations while raising awareness of an important environmental issue.



A Visit from Branklyn Garden

Our keen gardeners were delighted when Kate, Head Gardener at Branklyn Garden, came to visit us at Kingfisher House.

Kate shared some fascinating stories about the history of Branklyn Garden and introduced us to the different plants and species that can be found there.

Of course, our residents were just as keen to show Kate what we have been growing!

We took her on a tour of our own garden, proudly showing off the planters that have done so well this year. There were plenty of questions, gardening tips and ideas exchanged along the way.

Kate's visit has given us even more enthusiasm for developing our outdoor space, and residents have since been enjoying walks around the grounds, looking at our existing plants and discussing what we might grow next.

There is particular excitement about our planned greenhouse, which will give us more opportunities to get involved in gardening throughout the year.

We would like to thank Kate for such an interesting visit. Our residents certainly enjoyed meeting someone who shares their love of gardening, and we have come away with plenty of inspiration.



A Mexican Fiesta at Kingfisher House!

We brought a taste of Mexico to Kingfisher House with a colourful day of food, music and a little help from our friends at Bertha Park High School.

The day began with a visit from local pupils, who joined residents to make a traditional Mexican piñata.

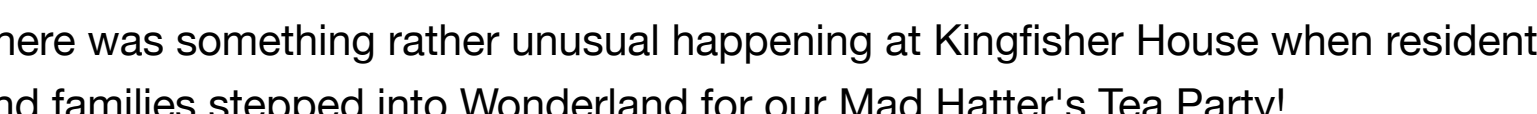
There was plenty of creativity involved as everyone worked together on the design and decorations. After all, it would not be much of a fiesta without a piñata!

Later, our talented kitchen team treated us to a selection of Mexican-inspired dishes, giving residents the chance to try some different flavours and enjoy a themed meal.

We were also delighted to welcome our friends from the local sheltered housing community to join us for the afternoon.

With music playing and everyone enjoying the food and company, it was a lovely opportunity to spend time with our visitors and try something a little different.

A big thank you to the pupils from Bertha Park High School, our kitchen team and everyone who helped make the day such a success.



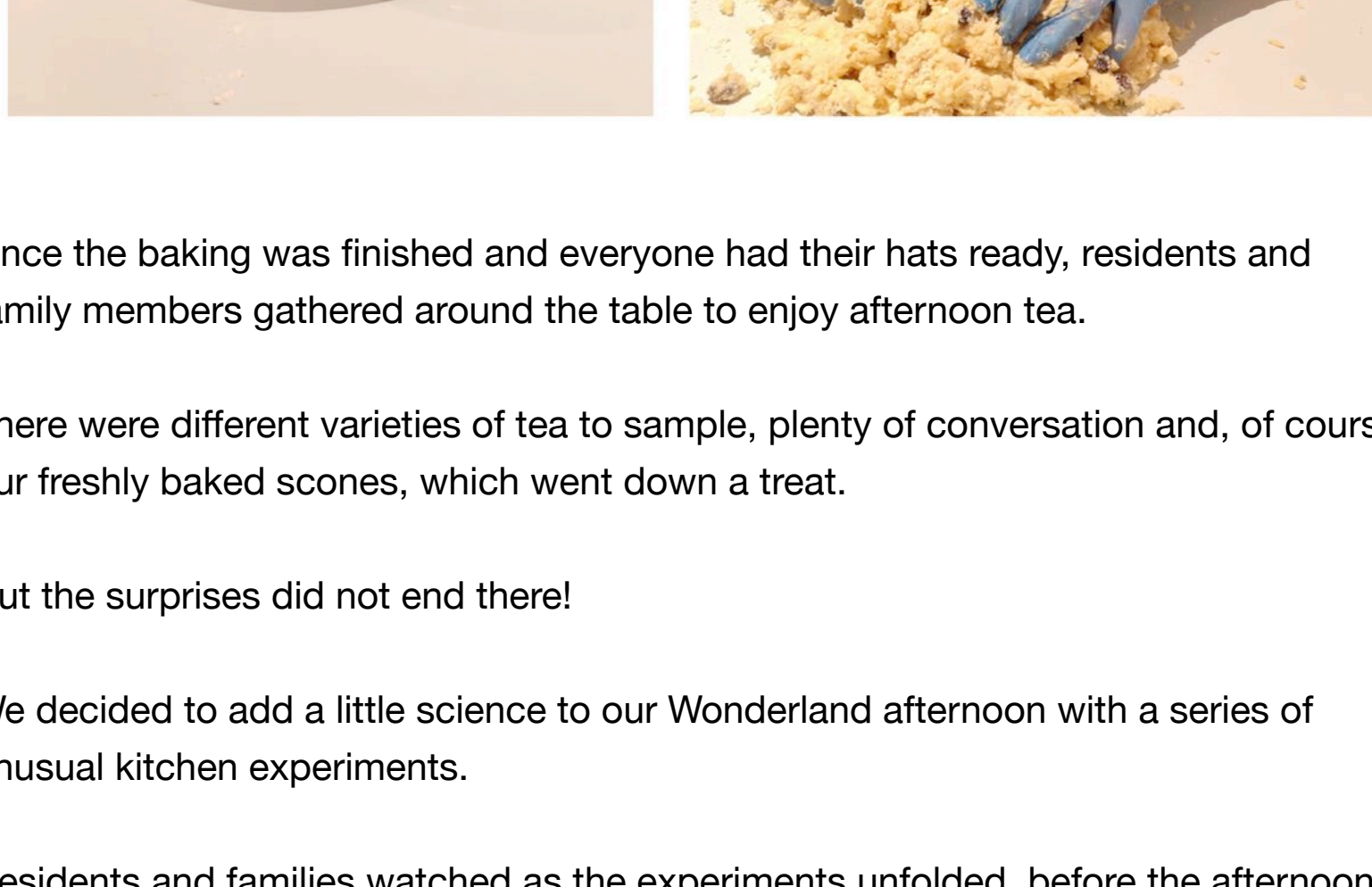
We're All a Little Mad Here!

There was something rather unusual happening at Kingfisher House when residents and families stepped into Wonderland for our Mad Hatter's Tea Party!

Preparations began with everyone designing and decorating their own wonderfully eccentric hats. There were bright colours, unusual decorations and plenty of imagination on display, with each hat looking completely different from the next.

Our residents certainly embraced the theme, and there were some fantastic creations ready for the afternoon.

We also got busy in the kitchen, with residents helping to make a delicious selection of homemade scones for our tea party.



Once the baking was finished and everyone had their hats ready, residents and family members gathered around the table to enjoy afternoon tea.

There were different varieties of tea to sample, plenty of conversation and, of course, our freshly baked scones, which went down a treat.

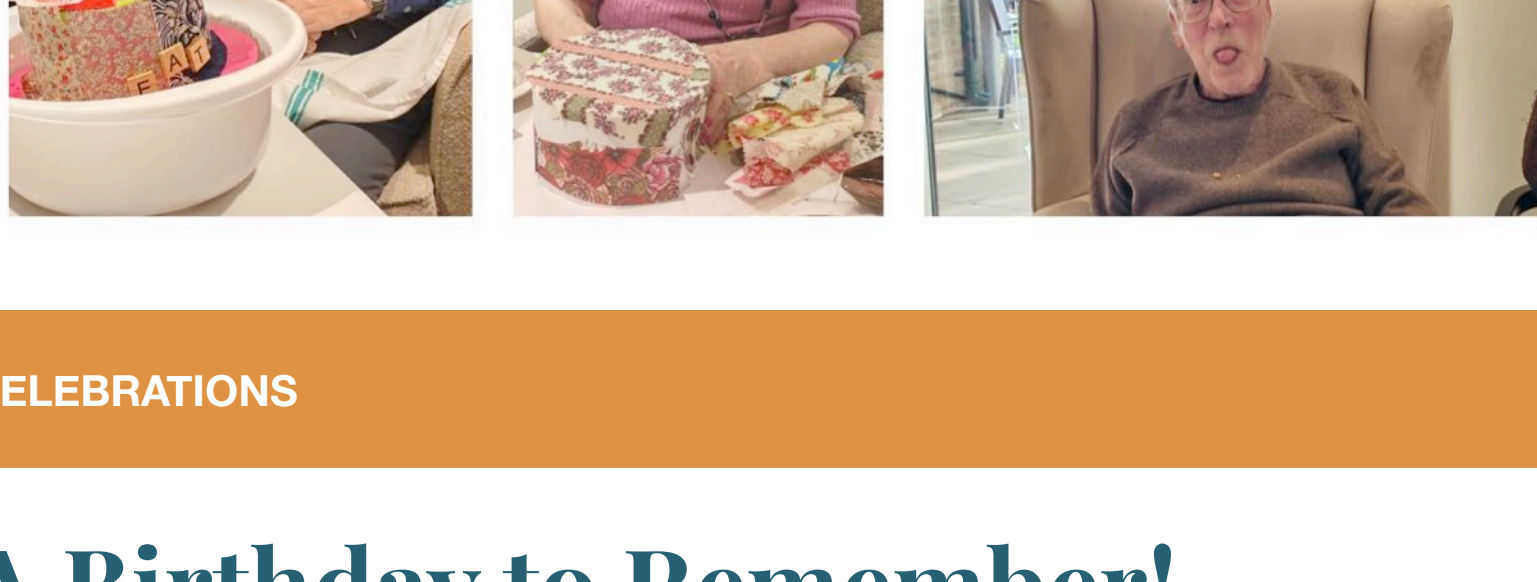
But the surprises did not end there!

We decided to add a little science to our Wonderland afternoon with a series of unusual kitchen experiments.

Residents and families watched as the experiments unfolded, before the afternoon finished with a rather spectacular finale.

One of our Mad Hatter hats became a bubbling volcano!

It was certainly not something you see at an ordinary afternoon tea, and it provided a brilliant ending to a wonderfully unusual day.



CELEBRATIONS

A Birthday to Remember!

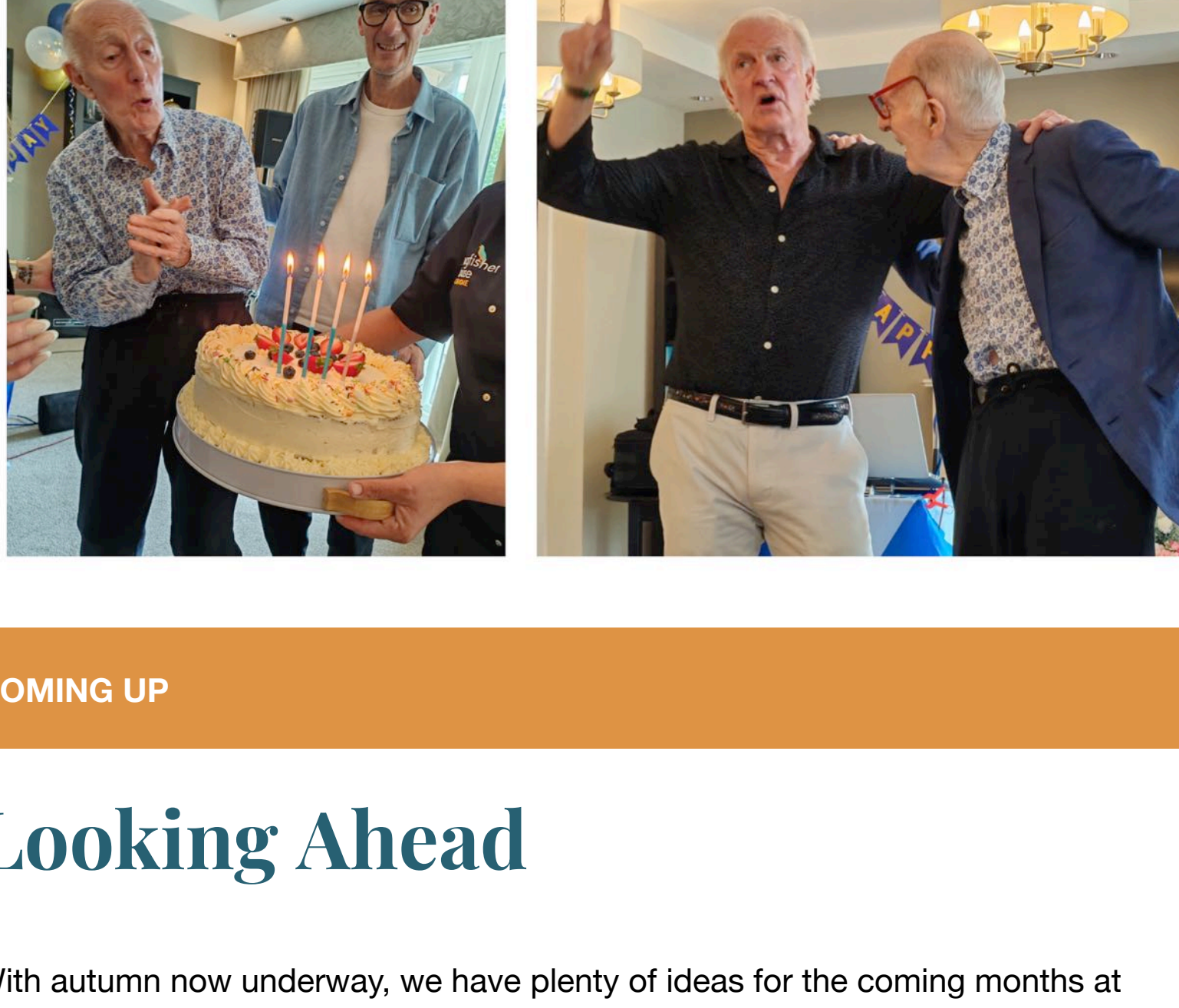
We recently enjoyed a very special afternoon celebrating one of our residents' birthdays, with family, friends and fellow residents all joining in.

Our visiting singer provided the entertainment, and it was not long before everyone was singing along to some familiar favourites. The birthday gentleman was enjoying himself so much that he decided to borrow the microphone and treat us to a little singing of his own!

Towards the end of the afternoon, residents and family members joined hands and danced together, which was particularly lovely to see.

It was a birthday filled with music, good company and some wonderful moments for our resident and his family to enjoy together.

We hope our birthday gentleman had a fantastic day. He certainly looked as though he was having a brilliant time!



COMING UP

Looking Ahead

With autumn now underway, we have plenty of ideas for the coming months at Kingfisher House.

Our residents are particularly looking forward to the next stage of our garden project and the arrival of our greenhouse. After such a successful growing season, we are keen to see what we can achieve next.

We will also continue welcoming visitors from local schools and community groups, alongside our regular entertainment, creative activities and opportunities to get out and about.

As always, we love hearing residents' suggestions, whether it is somewhere they would like to visit, an activity they want to try or a favourite pastime they would like to revisit.

Thank you to everyone who has helped make the past few months so enjoyable. We look forward to seeing what the rest of autumn brings and sharing more of our news with you soon.

EXTERNAL LINKS

Social Media

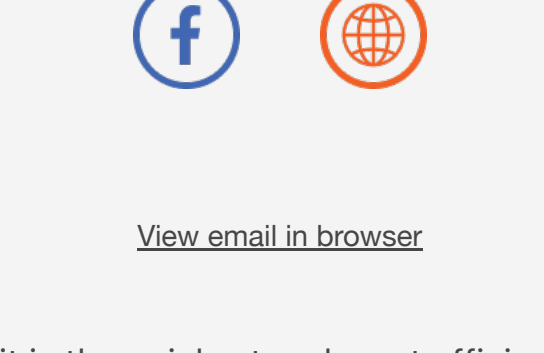
Make sure to check out the Kingfisher House Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) and [Google](#)



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